

Limits of Confidentiality

Psychotherapy is confidential. Some exceptions apply:

Duty to Warn: Psychologists are mandated by law to disclose pertinent information discussed in psychology if the client has an intent or plan to harm another person. We are required to inform the intended victim and notify legal authorities.

Suicide: If an individual plans to take their own life, steps will be taken to ensure safety. This may include notifying legal authorities and/or making reasonable attempts to notify next of kin.

Vulnerable Adults and Children: Mental health professionals are required by law to report stated or suspected abuse of a child or vulnerable adult to the appropriate social service agencies and/or legal authorities.

Prenatal Exposure to Controlled Substances: Mental Health Providers are required to report admitted use of controlled substances during pregnancy that are potentially harmful to the fetus.

Insurance Providers: Information requested includes description of impairments, dates and times of service, diagnosis, treatment plans, treatment progress, prognosis for improvement, case notes and summaries. If your insurance requires this information, I will ask you to sign a release of information form and discuss the issues of confidentiality with you.

I have read and understand the above-stated limitations to confidentiality. I accept the subsequent ramifications should there be a need to act on one of the above-stated exceptions. Other than the noted exceptions, if there are reasons to disclose my protected confidential information I understand that I will be provided a Release of Information form.

Client Signature: _____ Date: _____